

Club Run List: Jan to Mar 2018

| Group | Start Time | Description | Distance | Average speed |
|-------|------------|---|----------------|---------------|
| A | 09:00 | Training ride for experienced and stronger group riders | 55 miles+ | 18 mph+ |
| B | 09:00 | Longer group ride for experienced group riders | 50 to 60 miles | 17 to 18 mph |
| C+ | 09:00 | Steady group ride for experienced group riders | 45 to 55 miles | 16 to 17 mph |
| C | 09:30 | Steady group ride for riders with group riding experience | 40 to 50 miles | 14 to 15 mph |
| D | 09:30 | Steady group ride, suitable for new riders | 25 to 35 miles | 12 to 13 mph |

All rides start from Stony Stratford, outside "The Passage to India" restaurant. Membership ID tag should be carried by all riders.
Any Destinations or Leaders not shown will be decided on the day

| Basic Ride Rules |
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| Ride at a speed to suit the groups average speed, not the fastest rider. |
| Follow the leaders instructions, repeat shouts and signals for other riders. |
| Groups should not leave riders behind, it's a group ride! |
| Try to ride two abreast, side by side in pairs and have a chat. |
| Join a group suitable for your fitness and experience. |
| Please ride and act responsibly as your actions reflect on the club. |
| Be prepared to split larger groups, target group size is 12 riders. |

| Date | Day | Group | Destination | Leader |
|-----------|-----|-------|-------------------|-------------------|
| 6 Jan 18 | Sat | A | | |
| | | B | Wilstone | David Carrington |
| | | C+ | Farthinghoe | Alun Duncan-Jones |
| | | C | Castle Ashby | |
| 13 Jan 18 | Sat | D | Olney | Anne Crowter |
| | | A | | |
| | | B | Quainton | David Carrington |
| | | C+ | Wilstone | David McDonald |
| 20 Jan 18 | Sat | C | Marston Moretaine | |
| | | D | Carlton | Graeme Church |
| | | A | | |
| | | B | Canons Ashby | David Carrington |
| 27 Jan 18 | Sat | C+ | Quainton | |
| | | C | Hogshaw | Alun Duncan-Jones |
| | | D | Cranfield | Ruth Gray |
| | | A | | |
| 03 Feb 18 | Sat | B | Carlton | Neil Mitchel |
| | | C+ | Turweston | Bart Rienties |
| | | C | Salcey Forest | |
| | | D | Castle Ashby | Ritchie Dixon |
| 10 Feb 18 | Sat | B | Upper Stowe | Richard Wiggins |
| | | C+ | Castle Ashby | |
| | | C | Quainton | Alun Duncan-Jones |
| | | D | Stowe | Karen Platt |
| 17 Feb 18 | Sat | A | | |
| | | B | Dunstable Downs | David Carrington |
| | | C+ | Canons Ashby | Phil Balding |
| | | C | Winslow | |
| 10 Feb 18 | Sat | D | Hogshaw | |
| | | A | | |
| | | B | Turweston | David Carrington |
| | | C+ | Marston Moretaine | David McDonald |
| 17 Feb 18 | Sat | C | Carlton | Barry Inwood |
| | | D | Winslow | |

| Date | Day | Group | Destination | Leader |
|-----------|-----|-------|----------------------|----------------------|
| 24 Feb 18 | Sat | A | | |
| | | B | Wilstone | Richard Wiggins |
| | | C+ | Hogshaw | Ritchie Dixon |
| | | C | Stowe | Alun Duncan-Jones |
| 03 Mar 18 | Sat | D | Carlton | Jean Marie Barboteau |
| | | A | | |
| | | B | Castle Ashby | David Carrington |
| | | C+ | Upper Stowe | Bart Rienties |
| 10 Mar 18 | Sat | C | Carlton | |
| | | D | Cranfield | Ajinder Gawera |
| | | A | | |
| | | B | Quainton | David Carrington |
| 17 Mar 18 | Sat | C+ | Carlton | David McDonald |
| | | C | Marston Moretaine | |
| | | D | Castle Ashby | Jean Marie Barboteau |
| | | A | | |
| 24 Mar 18 | Sat | B | Dunstable Downs | David McDonald |
| | | C+ | Canons Ashby | |
| | | C | Castle Ashby | |
| | | D | Stowe | Anne Crowter |
| 31 Mar 18 | Sat | B | Carlton | Neil Mitchel |
| | | C+ | Salcey Forest | |
| | | C | Wilstone | Ritchie Dixon |
| | | D | Hogshaw | |
| 31 Mar 18 | Sat | A | | |
| | | B | Waterperry | David Carrington |
| | | C+ | Stowe | |
| | | C | Bike Bus...Cranfield | |
| 31 Mar 18 | Sat | D | Olney | |
| | | A | | |
| | | B | Turweston | David Carrington |
| | | C+ | Marston Moretaine | David McDonald |
| 31 Mar 18 | Sat | C | Carlton | Barry Inwood |
| | | D | Winslow | |